

# Off-line & Online medical direction

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# Speaker

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- 2010: Thai Board of Emergency Medicine, Faculty of Medicine Siriraj Hospital, Mahidol University, Thailand
- 2016: Emergency Medical Service Fellowship, Penn State Hershey Medical Center, USA
- 2016: Master of Public Health, The Pennsylvania State University, USA







# **Optimal prehospital care results from a combination of:**

- Careful patient assessment
- Proper prehospital medical intervention
- Appropriate medical consultation

# อำนาจหน้าที่ ขอบเขต ความรับผิดชอบ และข้อจำกัดในการปฏิบัติการแพทย์ ของผู้ช่วยเวชกรรมตามคำสั่งการแพทย์หรือการอำนวยการ พ.ศ. ๒๕๕๖

"ผู้ช่วยเวชกรรม" หมายความว่า ผู้ปฏิบัติการที่ได้รับประกาศนียบัตรประเภทปฏิบัติการแพทย์ ตามประกาศคณะกรรมการการแพทย์ฉุกเฉิน เรื่อง การให้ประกาศนียบัตรและการปฏิบัติการฉุกเฉิน ของผู้ปฏิบัติการ พ.ศ. ๒๕๕๔ ซึ่งได้รับมอบหมายให้ทำปฏิบัติการแพทย์โดยที่ไม่ได้เป็นผู้ประกอบวิชาชีพ หรือเป็นผู้ประกอบวิชาชีพซึ่งทำปฏิบัติการแพทย์นอกเหนืออำนาจหน้าที่ ขอบเขต ความรับผิดชอบ และข้อจำกัดตามกฎหมายว่าด้วยวิชาชีพนั้น "ผู้ประกอบวิชาชีพ" หมายความว่า ผู้ปฏิบัติการซึ่งเป็นผู้ประกอบวิชาชีพตามกฎหมายว่าด้วย สถานพยาบาล ซึ่งปฏิบัติการแพทย์ตามอำนาจหน้าที่ ขอบเขต ความรับผิดชอบ และข้อจำกัด

ตามกฎหมายว่าด้วยวิชาชีพนั้น

# อำนาจหน้าที่ ขอบเขต ความรับผิดชอบ และข้อจำกัดในการปฏิบัติการแพทย์ ของผู้ช่วยเวชกรรมตามคำสั่งการแพทย์หรือการอำนวยการ พ.ศ. ๒๕๕๖

" "คำสั่งการแพทย์" หมายความว่า คำชี้แจงให้เข้าใจและสั่งให้ทำตามเป็นลำดับขั้นตอนเพื่อให้ ผู้ช่วยเวชกรรมปฏิบัติการแพทย์ตาม "อำนวยการ" หมายความว่า การอำนวยการทางการแพทย์ฉุกเฉินโดยแพทย์อำนวยการ ปฏิบัติการฉุกเฉิน ซึ่งรวมถึงการจัดการและควบคุมการปฏิบัติการฉุกเฉินของผู้ช่วยเวชกรรม ทั้งการอำนวยการทั่วไปและการอำนวยการตรง เพื่อให้ผู้ช่วยเวชกรรมรายงานภาวะของผู้ป่วยฉุกเฉิน และปฏิบัติการฉุกเฉินตามคำสั่งการแพทย์



# Off-line medical direction: Prehospital Protocols

- Initiate care
- Anticipate care that will be ordered from on-line medical direction

# **Prehospital Protocols**

- Series of instructions or algorithm
- Based on chief complaint or clinical impression
- Define what interventions may/must be done
- Define when on-line medical direction should/must be contacted





• The procedures, actions, and processes that a provider is permitted to undertake in keeping with the terms of their professional license

 Limited to that which the law allows for specific education and experience, and specific demonstrated competency

#### The New York Times

WORLD U.S. N.Y. / REGION BUSINESS TECHNOLOGY SCIENCE HEALTH SPORTS

### 2 Paramedics Face Inquiry Over Surgery In Emergency

By DAVID W. CHEN Published: September 27, 1997

New Jersey health officials are investigating the actions of two paramedics who performed an emergency Caesarean section on Thursday to deliver the baby of a woman in North Bergen who was in cardiac arrest and could not be revived.

The paramedics acted while consulting by radio with emergency room doctors at Jersey City Medical Center, officials said, but state health regulations forbid paramedics to perform surgical operations. The emergency workers said they believed that the procedure was their only hope of saving the baby.



The two paramedics were placed on desk duty, with pay, pending the outcome of the state investigation, which officials said should be completed next week.

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OPINION



EMS Personnel Scope of Practice Models	
Emergency Medical Responder	
Description of the Profession	
Psychomotor Skills	
Emergency Medical Technician	
Description of the Profession	
Psychomotor Skills	
Advanced Emergency Medical Technician	
Description of the Profession	
Psychomotor Skills	
Paramedic	
Description of the Profession	
Psychomotor Skills	
Knowledge	28



#### NOTICES

#### Scope of Practice for Emergency Medical Service Providers

#### [44 Pa.B. 7487] [Saturday, November 29, 2014]

Under 28 Pa. Code §§ 1023.24(d)(1), 1023.25(d)(1), 1023.27(d)(1), 1023.27(d)(1), 1023.28(d), 1023.29(d) and 1023.30(e), the Department of Health (Department) is publishing the scope of practice for emergency medical responders (EMR), emergency medical technicians (EMT), advanced emergency medical technicians (AEMT), paramedics (P), prehospital registered nurses (PHRN), prehospital physician extenders (PHPE) and prehospital physicians (PHP) under 35 Pa.C.S. §§ 8101—8157 (relating to Emergency Medical Services System Act).

Skills identified may be performed by an emergency medical service (EMS) provider at the provider's level of certification or registration only if the provider has successfully completed the approved education (cognitive, affective and psychomotor) on the specified skill, which includes training to perform the skill on adults, children and infants, as appropriate. EMRs, EMTs, AEMTs and Ps may only perform the skills identified, through either Statewide or other Department-approved protocols, or skills that may be ordered online by a medical command physician.

As the following chart indicates, a PHRN, PHPE and PHP may perform all skills identified as within a paramedic's scope of practice. Each of these EMS providers may perform additional skills as outlined as follows.

A PHRN who is appropriately credentialed by the EMS agency medical director may perform other services authorized by The Professional Nursing Law (63 P. S. §§ 211—225.5), when authorized by a medical command physician through either online medical command or through the applicable Statewide or Department-approved EMS protocols.

A PHPE who is appropriately credentialed by the EMS agency medical director may perform services within the scope of practice of a physician assistant under the Medical Practice Act of 1985 (63 P. S. §§ 422.1—422.51a) or the Osteopathic Medical Practice Act (63 P. S. §§ 271.1—271.18), when authorized by a medical command physician through either online medical command or through applicable Statewide or Department-approved EMS protocols. When a PHPE functions as an EMS provider, the physician supervision requirements applicable to a physician assistant under the Medical Practice Act of 1985 and the Osteopathic Medical Practice Act do not apply.

A PHP who is appropriately credentialed by the EMS agency medical director may perform skills within a paramedic's scope of practice and other skills within the practice of medicine or osteopathic medicine. A PHP may not perform a skill that the PHP has not been educated and trained to perform.

Under 28 Pa. Code § 1023.1(a)(1)(vi) and (vii) (relating to EMS agency medical director), the EMS agency medical director must make an initial assessment of each EMS provider at or above the AEMT level, and then within 12 months of each prior assessment, to determine whether the EMS provider has the knowledge and skills to competently perform the skills within the EMS provider's scope of practice, and a commitment to adequately perform other functions relevant to the EMS provider providing EMS at that level. EMS providers at or above the AEMT level may only perform skills that the EMS agency medical director has credentialed them to perform.

The Department wishes to highlight the following change to the scope of practice for all EMS providers: Effective November 29, 2014, administration of Naloxone in intranasal or auto-injector form is approved for all levels of EMS providers and is listed under the "Medications" category of this notice. This change is made under the act of September 30, 2014 (P. L. 2487, No. 139) (35 P. S. §§ 780-113.7) and 780-113.8), which requires

#### Category

- 1 Airway/Ventilation/Oxygenation Airway-Nonsurgical Alternative/Rescue Airway-CombiTube<sup>TM</sup>, King LT-D Airway<sup>TM</sup>, or King LTS-D Airway<sup>TM</sup>
- 2 Airway/Ventilation/Oxygenation Airway-Oropharyngeal (OPA) & Nasopharyngeal (NPA)
- 3 Airway/Ventilation/Oxygenation Airway-Pharyngeal tracheal lumen (PTL)

Skill

- 4 Airway/Ventilation/Oxygenation Bag-valve-ETT/Nonsurgical alternative airway ventilation
- 5 Airway/Ventilation/Oxygenation Bag-valve-ventilation-with in-line small-volume nebulizer
- 6 Airway/Ventilation/Oxygenation Bag-valve-mask (BVM) ventilation
- 7 Airway/Ventilation/Oxygenation Chest decompression-needle
- 8 Airway/Ventilation/Oxygenation Chest tube thoracostomy, monitoring of existing tube
- 9 Airway/Ventilation/Oxygenation Chest tube thoracostomy, acute insertion
- 10 Airway/Ventilation/Oxygenation Continuous positive airway pressure (CPAP)
- 11 Airway/Ventilation/Oxygenation Biphasic positive airway pressure (BiPAP)
- 12 Airway/Ventilation/Oxygenation Cricothyrotomy-needle
- 13 Airway/Ventilation/Oxygenation Cricothyrotomy-open/surgical
- 14 Airway/Ventilation/Ovvgenation Cricothyrotomy\_overwire (Seldinger) technique



#### EMR EMT AEMT P\*

No	No	Yes	Yes
Yes	Yes	Yes	Yes
No	No	No	No
$\mathrm{Yes}^2$	$\mathrm{Yes}^2$	Yes	Yes
No	$\mathrm{Yes}^2$	Yes	Yes
Yes	Yes	Yes	Yes
No	No	No	Yes
No	No	No	No
No	No	No	No
No	$\operatorname{Yes}^1$	Yes	Yes
No	No	No	No
No	No	No	Yes
No	No	No	Yes
No	No	No	Vec

# อำนาจหน้าที่ ขอบเขต ความรับผิดชอบ และข้อจำกัดในการปฏิบัติการแพทย์ ของผู้ช่วยเวชกรรมตามคำสั่งการแพทย์หรือการอำนวยการ พ.ศ. ๒๕๕๖

		ขอบเขต ความรับผิดชอบ และข้อจำกัด						
รายการปฏิบัติการแพทย์			ของผู้ช่วยเวชกรรมระดับต่างๆ					
		นฉพ.	จฉพ.	พฉพ.	อฉพ.			
๒. การประเมินผู้ป่วยฉุกเฉิน (assessment)								
່ ອ.໑.	การประเมินเบื้องต้น (initial assessment)	ข	ข	ข	ข			
ම.ම.	การคัดแยกผู้ป่วย (triage)	ข	ข	ค	P			
២.ണ.	การประเมินมุ่งส่วนสำคัญ (focused assessment)	ข	ข	ข	P			
୭.๔.	การประเมินการบาดเจ็บ/ตรวจร่างกายอย่างรวดเร็ว	୧၂	୧၂	୧၂	จ			
	(rapid trauma assessment/rapid physical exam)							
అ.డ.	การประเมินอย่างละเอียด (detailed assessment)	ข	ଏ	ข	จ			
່ອ.່ວ.	การประเมินต่อเนื่อง (ongoing assessment)	ข	ข	ข	ข			

# **Patient Population**

May determine which skills EMS providers need to be able to perform

- Dialysis patients - access fistula?

– Cancer patients – access Mediports?



May determine which skills EMS providers need to be able to perform

- Major trauma/highways trauma procedures?
- Skyscrapers field termination of resuscitation, Mechanical CPR?



# **Duration of transport**

Transport to the closest appropriate facility may take a lot of time – STEMI patients – tPA?

- Sepsis patients - lactate meters? antibiotics?

- Trauma patients - blood and blood products?

# **Evidence**

Evidence-based medicine (EBM) is intended to optimize decision-making by emphasizing the use of evidence from well designed and conducted research.



# EVIDENCE



# A FEW THINGS WE GOT WRONG...



# Where to begin

# Protocols divided into 2 parts:

- -Standing orders
  - Authorized by protocol
  - Provider may perform these items if indicated without contacting medical control

# -Orders requiring on-line medical control

• Provider must contact and consult with medical control before initiating these protocols.



### **Standing Orders**



### Protocols should be symptom-oriented:

- Chest pain
  - Suspected cardiac chest pain
  - Traumatic chest pain
- Difficulty breathing
- Allergic reaction

เกณฑ์วิธีการกัดแยกและจัดสำลับ การจ่ายงานบริบาลผู้ป่วยฉุกเฉิน ตามหลักเกณฑ์ที่ กพล.กำหนด พ.ศ.2556

(Emergency Medical Triage Protocol and Criteria Based Dispatch)





สถาบันการแพทย์ฉุกเฉินแห่งชาติ NATIONAL INSTITUTE FOR EMERGENCY MEDICINE

# "MAY"

# "CONSIDER"

or

### INTERVENTIONS:

- 1. While assessing the patient, attempt to determine the cause of the allergic reaction.
- 2. Assess and manage airway, breathing and circulation.
- 3. Secure an advanced airway if the potential for airway obstruction exists or the patient has severe dyspnea.
- 4. If the patient is experiencing dyspnea (with or without wheezing), administer inhaled bronchodilators and repeat as needed (consider epinephrine (1:1,000) 0.3-0.5 ml subcutaneous for severe cases). When administering epinephrine IV to patients with risk of cardiovascular disease, consider beginning at the lower end of the dosage range.
- 5. Establish a large bore IV of NSS @ a KVO rate.
- 6. If the patient is hypotensive, administer a fluid bolus of 250 ml of NSS. Repeat as necessary, so long as the patient shows no sign of volume overload. Treat per the *Hypotension Patient Care Guideline (MED17)*.
- Consider IV administration of epinephrine 0.1-0.5 mg (1-5 ml of 1:10,000) IV over 5 minutes if the patient is experiencing a severe life-threatening reaction or shows signs of shock.
- 8. Administer diphenhydramine 25-50 mg IVP.
- 9. Consider administering methylprednisolone 125 mg IVP.
- 10. Consider administering H2 blocker.
- 11. If the patient remains hypotensive after multiple fluid boluses, consider initiating a continuous epinephrine infusion at a rate of 1-10 mcg/min.

Patients may require care derived from multiple protocols, protocols not yet devised or in the absence of online medical control.





# Characteristics of Statewide Protocols for Emergency Medical Services in the United States

Douglas F. Kupas MD, Ellen Schenk MPH, J. Matthew Sholl MD & Richard Kamin MD

#### States with ALS Protocols 10/1/13

- 🔴 Mandatory A
- Mandatory B
- ) Mandatory C
- 🔵 Model Guidelines



- Mandatory A
  - Mandatory B
  - Mandatory C

NOTES:

Model Guidelines



### COMPARISON OF EMERGENCY MEDICAL SERVICES SYSTEMS ACROSS PAN-ASIAN COUNTRIES: A WEB-BASED SURVEY

Sang Do Shin, MD, PhD, Marcus Eng Hock Ong, MBBS, MPH, Hideharu Tanaka, MD, Matthew Huei-Ming Ma, MD, PhD, Tatsuya Nishiuchi, MD, Omer Al Sakaf, MD, Sarah Abdul Karim, MD, Nalinas Khunkhlai, MD, Chih-Hao Lin, MD, Kyoung Jun Song, MD, Hyun Wook Ryoo, MD, Hyun Ho Ryu, MD, Lai Peng Tham, MBBS (S'pore), MMed (Paediatrics), David C. Cone, MD

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Emergency medical services unit	Seoul	Daegu	Gwangju	Tokyo	Osaka	Taipei	Tainan	Singapore	Bangkok	Kuala Lumpur	Dubai
Nation	Korea	Korea	Korea	Japan	Japan	Taiwan	Taiwan	Singapore	Bangkok	Malaysia	UAE
	A	. Proced	ures								
CNS Catheter-Epidural Maintenance	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
CNS Catheter-Intraventricular Maintenance	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Airway-Needle Cricothyrotomy	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Airway-Surgical Cricothyrotomy	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Airway-Direct Laryngoscopy	Y	Y	Υ	Y	Y	Ν	Ν	Ν	Ν	Y	Ν
Airway-Video Laryngoscopy	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Y
Chest Decompression	Ν	Ν	Ν	Ν	Ν	Y	Ν	Ν	Ν	Ν	Y
Chest Tube Placement	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Pericardiocentesis	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Intra-Aortic Balloon Pump Maintenance	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Left Ventricular Assist Device Maintenance	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Arterial Access-Blood Draw	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Venous Access-Blood Draw	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Venous Access-Existing Catheter	Ν	Ν	Ν	Ν	Ν	Y	Y	Ν	Ν	Ν	Ν
Venous Access-Extremity	Y	Y	Y	Y	Y	Y	Y	Y	Ν	Y	Ν
Venous Access-External Jugular Line	Ν	Ν	Ν	Ν	Ν	Y	Ν	Ν	Ν	Ν	Ν
Venous Access-Femoral Line	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Blood Glucose Analysis	Y	Y	Y	Ν	Ν	Y	Ν	Y	Ν	Y	Ν
Venous Access-Internal Jugular Line	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Venous Access-Subclavian Line	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν
Venous Access-Discontinue	Ν	Ν	Ν	Ν	Ν	Y	Ν	Y	Ν	Ν	Ν
Venous Access-Umbilical Vein Cannulation	Ν	Ν	Ν	Ν	Ν	Y	Ν	Ν	$\mathbf{N}$	Ν	Ν
Venous Access-Intraosseous Adult	Ν	Ν	Ν	Ν	Ν	Y	Ν	Ν	Ν	Ν	Y
Venous Access-Intraosseous Pediatric	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Ν	Y

#### APPENDIX 2. Survey of Medical Protocol for Emergency Prehospital Procedures and Emergency Conditions

# **Experiences in EMS protocol**







# www.emsprotocols.org

# Asthma/ COPD/ Bronchospasm Pediatric





# Suspected ACS





# **Congestive Heart Failure (CHF)**

Pennsylvania Department of Health

Cardiac

5002 - ALS - Adult

#### CONGESTIVE HEART FAILURE STATEWIDE ALS PROTOCOL





# Septic shock: The New Hampshire





Vermont

# WHY IS ON-LINE MEDICAL DIRECTION USED?

# WHY?

### Protocol may require for additional orders



# WHY?

# Providers may need assistance because circumstances are outside the normal protocols





### Specialty teams may need to be activated



# **REASONS FOR ON-LINE MEDICAL DIRECTION**

• Protocol may require for additional orders

• Providers may need assistance because circumstances are outside the normal protocols

• Specialty teams may need to be activated

# WHO?

The Medical Director of the program is the most highly trained and often the best person to provide on-line medical command, BUT...

# WHO?

The Medical Director of the program is the most highly trained and often the best person to provide on-line medical command, BUT...

it is usually <u>not</u> feasible for a Medical Director to be available 24 hours a day, 7 days a week.

# **ON-LINE MEDICAL COMMAND**

Completion of a base station medical command course:

- History of EMS
- Levels of care/Scope of practice
- Protocols
- Resources
- Difficult situations
- Practice scenarios



# **Online medical direction training**







Good communications skills are extremely important in order to provide good on-line medical oversight...

# HOW?

Be courteous

Be respectful

Ask good questions

Know the protocols (or refer to a copy)

# ABOVE ALL, BE HELPFUL

# WHERE?

### BASE STATIONS: Cornerstone of on-line direction



Radios and/or phones must be immediately available to communicate with EMS providers

# **Online medical direction model**

• Receiving hospital

• Centralized model (Dispatch center)

• Satellite system (Based-hospital)

### **Online medical direction in Tokyo: Centralized model**





# WHAT?

DIFFICULT SITUATIONS:

- REFUSAL OF CARE
- PSYCHIATRIC/RESTRAINTS
- DO NOT RESUSCITATE/ADVANCED DIRECTIVES
- TERMINATION OF RESUSC/DEAD ON ARRIVAL
- CHILD ABUSE/ELDER NEGLECT
- PHYSICIAN ON SCENE

**US Experience** 

